

A testimonial for Alan Searle Consultancy Limited.

by

Jackie Langley – External Funding and Development Manager.

My team's remit is to help people from the ages of 16 upwards, living in the East Riding of Yorkshire, to move closer to the labour market and into work/learning or further education. This involves working with people who often have multiple barriers, the most prevalent being lack of self esteem/confidence and low level mental health.

Alan Searle came to us recommended by the DWP for his work on mental toughness and resilience. The team contracted Alan to deliver workshops with the aim of 'training the trainers' and delivery of workshops to young people aged 18-24.

The programme has now gone from strength to strength and taking the learning from Alans' initial workshops it has been developed into a programme that is now being delivered using the ESFA's adult skills budget [community learning]. Although the programme is in its infancy it has been piloted twice with resounding positive feedback.

'I have no doubt that this training in mental toughness has a place in what we do. It allows people to create their own goals, believe in themselves and the belief that their goal is actually achievable. You can visibly see the changes in people and the difference it is making to their lives. We are now on a journey to widely embed this programme into everything we do'.

Jackie Langley

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HLC is the lead partner for the Springboard Hull and Humber partnership project. This activity is part financed by the European Union through the European Social Fund (ESF) and is supported by the Youth Employment Initiative (YEI) to extend employment opportunities and develop a skilled workforce.